

FRUIT SALAD

Serves 6.

Takes 15 minutes to prepare.

INGREDIENTS

150g golden caster sugar
1 cup of water
1 melon chopped
1 pineapple chopped
150g grapes black
150g grapes green
150g strawberries
150g blueberries
2 kiwi's sliced
2 bananas sliced
3 apples peeled and chopped
3 satsumas
mint leave finely chopped

METHOD

Heat the sugar and water until dissolved.
Remove from heat and leave to cool.
Put all the fruit in a large bowl.
Pour over the sauce and sprinkle over the mint leaves.
Cool in the fridge until ready to serve.

