

October 2020 Planner

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1st Sausage & Veg One Pot. Berry Oat Crumble.	2nd Chicken & Rice One Pot. New York Cheese Cake Minis.	3rd Croque Madame. Avocado Salad Frites New York Cheese Cake Minis.	4th Sirloin Sushi Rice Bowl. Creme Brûlée.
5th Paprika pork. Rocky Road.	6th Lasagne. Rocky Road.	7th Smoke Haddock & Seafood Chowder. Fruit Salad.	8th Mushroom & Bacon Pasta. Pear & Pecan Cake.	9th Sweet & Sour Chicken. Pear & Pecan Cake.	10th Chicken Balti. Lemon Posset.	11th Duck Breast with Plum Sauce. Potatoes with Sesame Seeds, Cumin Seeds & Black Mustard Seeds. Blondie Brownies.
12th Spaghetti Bolognese. Blondie Brownie.	13th Lentil & Bacon Soup. Toffee Apple Cookies.	14th Tuna Melt Baguettes. Toffee Apple Cookies.	15th Penne & Chorizo Pasta. Spiced Fruit Compote.	16th Cajun Chicken. Spiced Fruit Compote.	17th Smoky Sausage Casserole. Fruit Salad	18th Roast Beef with Caramelised Onion Gravy. Roast Potatoes Garlic Greens Yorkshire Puddings. Baked Toffee Crumble.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
19th Chicken Chow Mein. Baked Toffee Crumble.	20th Fish Pie. Honey Spiced Cookies.	21st Walnut & Red Pepper Pesto Pasta. Honey Spiced Cookies.	22nd Chicken & Artichoke Risotto. Toffee Popcorn Bark.	23rd Chilli. Jacket Potato Toffee Popcorn Bark.	24th Chicken Makhani. Jaffa Pudding.	25th Roast Pork with Garlic Stuffing. Crushed Potatoes Roasted Vegetable Tray. Jaffa Pudding.
26th Pumpkin Risotto. Gooseberry & Elderflower Yogurt Ice.	27th Shepherds Pie. Gooseberry & Elderflower Yogurt Ice.	28th Harrisa Tray Bake. Spinach Rice Cheese & Fruit Sticks.	29th Broadbean Carbonara. Nut Orange Platter.	30th Chilli Risotto. Nut Orange Platter.	2nd Scallop & Prawn Stir Fry. Berry Oat Crumble.	